

PERFECT FOR SENIOR CITIZENS



*Our goal is to get people moving within their abilities and to keep them smiling and grooving to the music they love!*

 **ZUMBA**<sup>®</sup> Mondays @ 1:00-2:00p  
**gold** Thursdays @ 9:30-10:30a

 **ZUMBA**<sup>®</sup>   
**gold**  
**ZUMBA GOLD - SEATED**

**Mondays @ 12:15p**

**@ Van Wert County  
Council on Aging**

220 Fox Rd. • (419) 238-5011

**Instructor: Mary Jane Fast**

www.zumba.com  Zumba Mary Jane

**Cost: Donations Accepted**

